



**B470-A5044 Thick-It® AquaCareH2O® Beverages - Thickened Regular Coffee - Honey Consistency**

**PACKAGING**

|                    |                |                    |          |
|--------------------|----------------|--------------------|----------|
| SCC Code:          | 00892125002362 | Case Gross Weight: | 18.13 LB |
| Item UPC:          | 892125002485   | Case Net Weight:   | 16.80 LB |
| Units/Case :       | 4              | Case Height:       | 10.89 IN |
| Unit Size:         | 64 FL OZ       | Case Width:        | 9.695 IN |
| Servings Per Case: | 64             | Bag Length:        | 9.695 IN |
| Storage Temp:      | 75° F          | Case Cube:         | 0.59 FT  |
| Pallet High:       | 4              | Pallet Tier:       | 20       |

**PRODUCT CLAIMS**

|                          |            |             |            |
|--------------------------|------------|-------------|------------|
| Cholesterol Free         | Fat Free   | Gluten Free | Low Sodium |
| Saturated Fat Free       | Sugar Free |             |            |
| Kosher - YES-CRC /PAREVE |            |             |            |

**NUTRITION**

**Nutrition Facts**

Serving Size 8 fl oz (240 ml)  
 Servings Per Container: About 8

**Amount Per Serving**

|                               |                            |
|-------------------------------|----------------------------|
| <b>Calories</b> 0             | <b>Calories from Fat</b> 0 |
|                               | <b>% Daily Value*</b>      |
| <b>Total Fat</b> 0 g          | 0%                         |
| Saturated Fat 0 g             | 0%                         |
| Trans Fat 0 g                 |                            |
| <b>Cholesterol</b> 0 mg       | 0%                         |
| <b>Sodium</b> 50 mg           | 2%                         |
| <b>Total Carbohydrate</b> 0 g | 0%                         |
| Dietary Fiber 2 g             | 8%                         |
| Sugars 0 g                    |                            |
| <b>Protein</b> 0 g            |                            |

|               |   |              |
|---------------|---|--------------|
| Vitamin A 0 % | • | Vitamin C 0% |
| Calcium 0 %   | • | Iron 0 %     |

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

|                    |           |         |         |
|--------------------|-----------|---------|---------|
|                    | Calories: | 2,000   | 2,500   |
| Total Fat          | Less than | 65g     | 80g     |
| Sat Fat            | Less than | 20g     | 25g     |
| Cholesterol        | Less than | 300mg   | 300mg   |
| Sodium             | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate |           | 300g    | 375g    |
| Dietary Fiber      |           | 25g     | 30g     |

Calories per gram:  
 Fat 9 • Carbohydrate 4 • Protein 4

**GENERAL DESCRIPTION**

Trusted by doctors, speech-language pathologists, and dietitians since 1987, Thick-It® brings you AquaCareH2O® Beverages, an entire line of ready-to-drink, thickened beverages for those with swallowing difficulties. AquaCareH2O® Beverages are made with Artesian mineral water from 600 feet below ground, which results in thickened beverages that look and taste natural. AquaCareH2O® Beverages meet the National Dysphagia Guidelines for nectar- and honey-like consistencies, and will not over thicken. AquaCareH2O® Beverages offers those with dysphagia a variety of enjoyable beverage options while allowing caregivers to confidently give their loved ones the nutritional care they need and deserve.

**LIST OF INGREDIENTS**

Artesian Mineral Water, Premium Roast Coffee Concentrate, Xanthan Gum, Potassium Sorbate and Sodium Benzoate (to preserve freshness), Sodium Acid Sulfate.

**ALLERGEN INFORMATION**

None—Based on FDA FALCPA (Food Allergen Labeling and Consumer Protection Act of 2004) “Big 8” allergens.

**SERVING SUGGESTIONS**

- Heat to make a delicious hot beverage

Pour coffee into a temperature-safe container. Heat in microwave, on stove top or in a coffee pot on a coffee pot warmer.

Microwave instructions: Pour 8 fl oz in a microwave-safe cup. Heat on high for 60-90 seconds.\*

\*Microwaves vary; heating times approximate.

Hot coffee may be stored in an insulated coffee pot until served.

Add powdered creamer, sugar or sweetener as desired; stir before serving.

Take caution as product will be hot.

- Chill to enjoy a refreshing beverage
- Freeze to make ice cubes and frozen treats

## YIELD / PORTION

Number of 8 fl oz servings per bottle: About 8  
Number of 8 fl oz servings per case: About 32

## PACKAGE / STORAGE INFORMATION

This product will be stable for up to 18 months when stored unopened in a cool, dry place.

Product has been pasteurized. Refrigerate after opening and use within 14 days.

## OTHER INFORMATION

Nutrition Information determined using the Nutritional Analysis software from Genesis for Windows, by ESHA Research.

The information contained in this publication is based on our own research and development work and is to the best of our knowledge reliable. Users should, however, conduct their own tests to determine the suitability of our products for their own specific purposes. Statements contained herein should not be considered as a warranty of any kind, expressed or implied, and no liability is accepted for the infringement of any patents.

## SPECIFICATION REVIEW

Regulatory Approved: 083012BREV1  
Supersedes: 083012B

## ADDITIONAL INFORMATION

- Made with Premium Roast Coffee
- Ready to Drink
- Pure Appearance and Natural Taste May Improve Intake and Hydration
- Retains Proper Consistency When Chilled, Frozen/Thawed or Heated
- Calorie Free
- Kosher and Kosher for Passover
- Diabetic Exchange: Free
- Do not use AquaCareH2O® Beverages with infants born before 37 weeks gestation. AquaCareH2O® Beverages should only be used with infants and newborns in consultation with a physician.
- Do not mix with liquids or liquid concentrates.
- Stable for bedside use for up to 24 hours. For proper disposal, follow local and state guidelines.
- Proven in a study to reduce the amount of wasted product by 3.5% on average.
- Proven in a study to increase patient liquid intake (consumption) by 12.5% over competitive product.

Made in U.S.A

